

Zeitschrift: Swiss review : the magazine for the Swiss abroad
Herausgeber: Organisation of the Swiss Abroad
Band: - (1974)
Heft: 3

Rubrik: Sport

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. [Siehe Rechtliche Hinweise.](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. [Voir Informations légales.](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. [See Legal notice.](#)

Download PDF: 28.04.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>



Meta Antenen

Even women's worst enemies must surrender and admit that Meta Antenen is the most representative personality in women's sports. A charming smile, the figure of a film star, unshakable honesty and world level results — that is Meta Antenen, 25 years old, measuring 1,67 m and weighing 57 kg. The will to improve her own achievements all the time fills the young athlete from Schaffhausen. Every year, she manages to achieve a number of excellent results, inspite of an old knee injury and a recent one of the Achilles tendon. Such physical difficulties, however, do not prevent her from bringing to the fore women's athletics in Switzerland.

Already she holds over 30 national records, and this is only the beginning. At the European Championships in Athens in 1969, she was second in the pentathlon in which she far excelled in three events. Two years later, at the European Championships in Hel-

sinki, she again became second and last year she acquired the title of European champion, both in long jump, an extraordinary performance. Meta Antenen as an electro-diagram draftsman was predestined for athletics. Her distinction in this field would have been evident even more, had not some physical frailty set certain limits. In future, she will devote herself above all to long jump and in addition to 100 m hurdles in order to increase her speed. She will be less concerned with the pentathlon, since putting the shot causes her almost unsurmountable difficulties.

In any case, it is encouraging to note how graceful Meta Antenen is. She has not the slightest similarity to the so-called sports-women, above all the specialists in putting the shot, who have nothing feminine to them. Meta Antenen is still single, but spends quite some time looking through her fan-mail. It was lucky for her to get to know Jack Mueller. This coach knew how to make her like efforts which are not rewarded, to teach her to enjoy her victories and to convince her of the necessity of increasing her hours of training. Although this fact played only a subordinate part, for her reliability and integrity are too well known. Without hesitation, Swiss sports journalists put her forward as the best example for young people. She is extraordinarily talented for the various athletic events and has the ability to answer questions from reporters with amazing clarity. The sporting spirit of this modest girl is worth far more than all the gold medals in the world. In her room, amongst records of classical music and books to which she devotes most of her leisure, we find also her diplomas. Her modesty like that of any true sportsman, has not allowed her to

put even one into a golden frame. As a matter of fact, she received the greatest distinction which a girl can desire who gives up a professional career just for the sake of pleasure. In 1971 UNESCO awarded her the Prize for Fair Play. She did not receive this distinction for nothing: At the European Championships in Helsinki, she had reached the top with her five trials. The result was practically certain, for Meta Antenen had beaten by 3 cm the German Ingrid Mickler-Becker who was engaged in the pentathlon at the same time. Meta herself requested that her great rival should have a chance. Thus she lost a well-earned victory. Perhaps, the other, however platonic it may be, is the greater of the two.

Unfortunately, Meta Antenen is an exception for, apart from skiing, womens' sport has not much to boast about in Switzerland. Even in skiing, Meta Antenen might show success, being endowed with so many abilities. In spite of the two gold medals of Marie-

A new Swiss record (Keystone)



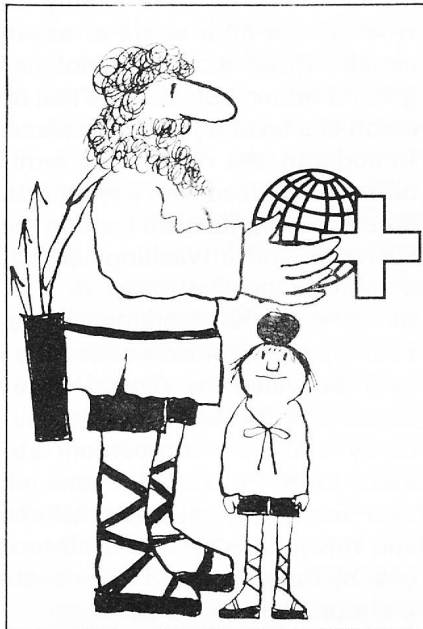
Therese Nadig in Sapporo and the bronze medal of Lise-Marie Morerod in St. Moritz, Meta Antenen

is without doubt number one of her generation thanks to her unconditional application. But who

will be her successor in athletics? The lack is frightening, her domination too overwhelming.

Bertrand Zimmermann

First aid



Latest news of the Solidarity Fund

Difficult times in the whole world! Numerous **changes** have taken place, partly most unexpectedly and not all ending in peaceful solutions (Chile, Israel, Portugal, Greece, Cyprus ...)

The **Solidarity Fund** can testify to this: In the first six months of 1974, it received **three times as many applications** for **lump sum payments** as in the whole of 1973!

Naturally.

It offers cover which is excluded in any ordinary insurance:

A lump sum payment in case of **loss of livelihood** abroad due to **war, internal unrest or gener-**

al political coercive measures.

In addition, it offers **savings investment** in Switzerland!

Information, prospectus and application form obtainable from your Embassy or Consulate or direct from

Solidarity Fund for Swiss Abroad

Gutenbergstrasse 6
CH-3011 Berne

Notice to members :

The **new constitution** of the Solidarity Fund was accepted by the Annual General Meeting in Neuchâtel on 23rd August 1974. It will come into force on 1st January 1975.

We shall send you the relevant information in due course.

The Solidarity Fund for Swiss Abroad

sends you a bunch of adages

Need makes the naked man run
In der Not frisst der Teufel Fliegen
Necessità fa far le pietre pane
Besoin fait vieille trotter et l'endormi réveiller
Nell ura greiva spetta cun sprau-
za la leiva

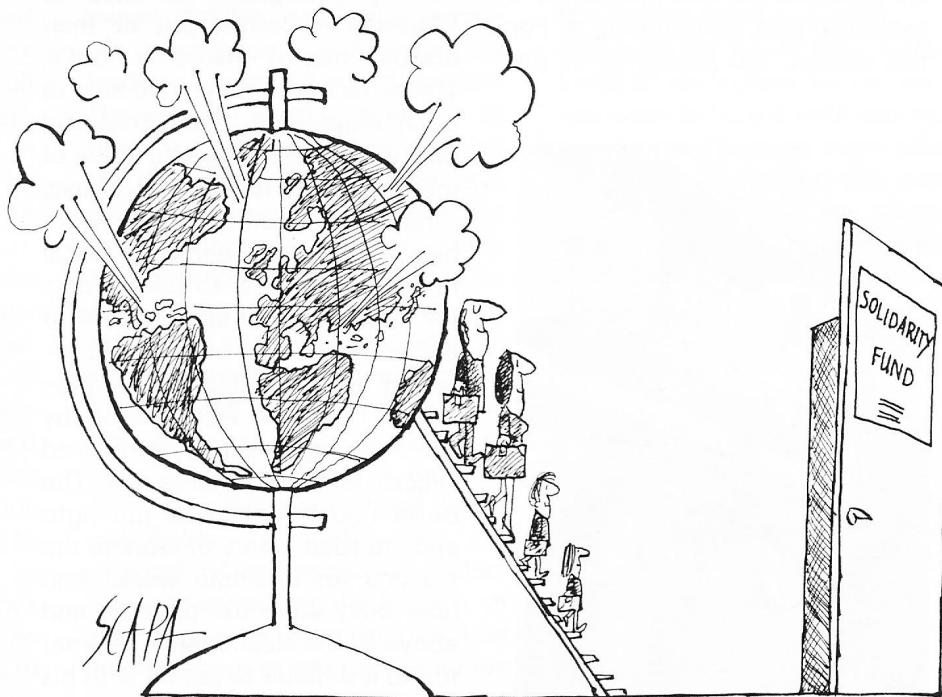
Who is going to send us similar sayings?

Please let us have such adages and proverbs in any language you like – the Solidarity Fund knows no language barriers.

We should like to publish the best examples for general amusement.

Solidarity Fund for the Swiss Abroad

Gutenbergstrasse 6
CH-3001 Berne



Foresight means thinking of the Solidarity Fund