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# Diameter pinching in almost positive Ricci curvature

Erwann Aubry

**Abstract.** In this paper we prove a diameter sphere theorem and its corresponding  $\lambda_1$  sphere theorem under  $L^p$  control of the curvature. They are generalizations of some results due to S. Ilias [8].

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**Keywords.** Ricci curvature, comparison theorems, integral bounds on the curvature, sphere theorems.

## 1. Introduction

Let  $(M^n, g)$  be a complete manifold with Ricci curvature  $\text{Ric} \geq n - 1$ . Then  $(M^n, g)$  satisfies the following classical results (the proofs can be found in [13] for instance):

- $\text{Diam}(M^n, g) \leq \pi$  (S. Myers) with equality iff  $(M^n, g) = (\mathbb{S}^n, \text{can})$  (S. Cheng),
- $\lambda_1(M^n, g) \geq n$  (A. Lichnerowicz) with equality iff  $(M^n, g) = (\mathbb{S}^n, \text{can})$  (M. Obata),

where  $\text{Diam}$  is the diameter and  $\lambda_1$  is the first positive eigenvalue.

Studying the properties of the sphere kept by manifolds with  $\text{Ric} \geq n - 1$  and almost extremal diameter or  $\lambda_1$ , S. Ilias proved in [8] the following results:

**Theorem 1.1** (S. Ilias). *For any  $A > 0$ , there exists  $\epsilon(A, n) > 0$  such that any  $n$ -manifold with  $\text{Ric} \geq n - 1$ , sectional curvature  $\sigma \leq A$  and  $\lambda_1 \leq n + \epsilon$  is homeomorphic to  $\mathbb{S}^n$ .*

**Theorem 1.2** (S. Ilias). *For any  $A > 0$ , there exists  $\epsilon(A, n) > 0$  such that any  $n$ -manifold with  $\text{Ric} \geq n - 1$ ,  $\sigma \leq A$  and  $\text{Diam}(M) \geq \pi - \epsilon$  is homeomorphic to  $\mathbb{S}^n$ .*

**Remark 1.3.** C. Croke proves in [7] that for  $n$ -manifolds with  $\text{Ric} \geq n - 1$ ,  $\lambda_1(M)$  close to  $n$  implies  $\text{Diam}(M)$  close to  $\pi$ . The converse is proved in [8] (using a spectral inequality due to S. Cheng [6]).

**Remark 1.4.** For  $n \geq 4$ , M. Anderson [1] and Y. Otsu [10] construct sequences of complete metrics  $g_i$  with  $\text{Ric}(g_i) \geq n - 1$ ,  $\lambda_1(g_i) \rightarrow n$  and  $\text{Diam}(g_i) \rightarrow \pi$  on manifolds that are not homotopic to  $\mathbb{S}^n$  (more precisely, Otsu shows that if  $n \geq 5$ , these manifolds can have infinitely many different fundamental groups).

**Remark 1.5.** The two results of S. Ilias have been improved by G. Perelman in [11], where the assumption  $\sigma \leq A$  is replaced by  $\sigma \geq -A$  (note that under the Ilias's assumptions  $\sigma \leq A$  and  $\text{Ric} \geq n - 1$  we have  $|\sigma| \leq (n - 2)A$ ).

Subsequently, we denote  $\underline{\text{Ric}}(x)$  the lowest eigenvalue of the Ricci tensor and  $\bar{\sigma}(x)$  the maximal sectional curvature at  $x$ . In [4], we prove the following generalization of the theorems of Myers and Lichnerowicz:

**Theorem 1.6.** For any  $p > n/2$ , there exists  $C(p, n)$  such that if  $(M^n, g)$  is a complete manifold with  $\int_M (\underline{\text{Ric}} - (n - 1))_-^p < \frac{\text{Vol } M}{C(p, n)}$ , then  $M$  is compact, has finite fundamental group and satisfies

$$\begin{aligned}\text{Diam}(M) &\leq \pi \left[ 1 + C(p, n) \left( \frac{\rho_p}{\text{Vol } M} \right)^{\frac{1}{10}} \right], \\ \lambda_1(M) &\geq n \left[ 1 - C(p, n) \left( \frac{\rho_p}{\text{Vol } M} \right)^{\frac{1}{p}} \right],\end{aligned}$$

where  $\rho_p = \int_M (\underline{\text{Ric}} - (n - 1))_-^p$  and  $x_- = \max(0, -x)$ .

**Remark 1.7.** It follows from [4] that the constant  $C(p, n)$  is computable, that if  $\int_M (\underline{\text{Ric}} - (n - 1))_-^p$  is finite (for  $p > n/2$ ), then  $\text{Vol } M$  is finite, and that we cannot bound the diameter or the first non zero eigenvalue under the assumption  $\rho_p \leq \frac{1}{C(p, n)}$  or  $\rho_{\frac{n}{2}}$  small (see [4]).

In this paper we prove the following extensions of Ilias's stability results.

**Theorem 1.8.** Let  $n \geq 2$  be an integer,  $A > 0$  and  $p > n$  be some reals. There exists a positive constant  $C(p, n, A)$  such that any complete  $n$ -manifold which satisfies

$$\int_M (\underline{\text{Ric}} - (n - 1))_-^p < C(p, n, A) \text{Vol } M, \quad \int_M \bar{\sigma}_+^p < A \text{Vol } M$$

and

$$\text{Diam}(M) \geq \pi (1 - C(p, n, A))$$

is homeomorphic to  $\mathbb{S}^n$  (where  $x_+ = \max(0, x)$ ).

**Theorem 1.9.** Let  $n \geq 2$  be an integer,  $A > 0$  and  $p > n$  be some reals. There exists a positive constant  $C(p, n, A)$  such that any complete  $n$ -manifold which satisfies

$$\int_M (\underline{\text{Ric}} - (n - 1))_-^p < C(p, n, A) \text{Vol } M, \quad \int_M \bar{\sigma}_+^p < A \text{Vol } M$$

and

$$\lambda_1(M) \leq n(1 + C(p, n, A))$$

is homeomorphic to  $\mathbb{S}^n$ .

**Remark 1.10.** By the Hölder inequality, the two curvature assumptions of Theorem 1.9 can be replaced by

$$\int_M (\underline{\text{Ric}} - (n-1))_- < C(p, n, A) \text{Vol } M \quad \text{and} \quad \int_M \sigma^p < A \text{Vol } M,$$

where  $\sigma(x)$  is an upper bound for the absolute value of the sectional curvatures at  $x$ .

## 2. Comparison results in almost positive Ricci curvature

Subsequently we denote  $B(x, r)$  (resp.  $S(x, r)$ ) the geodesic ball (resp. sphere) with center  $x$  and radius  $r$  and  $L_k(r)$  (resp.  $A_k(r)$ ) the volume of a geodesic sphere (resp. ball) of radius  $r$  in  $(\mathbb{S}^n, \frac{1}{k}g)$ . Besides Theorem 1.6, we will need the following comparison results for manifolds of almost positive Ricci curvature (see [4] for a proof).

**Proposition 2.1.** *For any  $n \geq 2$  and  $p > n/2$  ( $p \geq 1$  if  $n = 2$ ) there exists a constant  $C(p, n)$  such that for any complete Riemannian  $n$ -manifold  $(M^n, g)$  with  $\eta^{10} = \frac{\rho_p}{\text{Vol } M} \leq \frac{1}{C(p, n)}$ , we have*

$$\begin{aligned} \left( \frac{\text{Vol}_{n-1} S(x, R)}{L_{1-\eta}(R)} \right)^{\frac{1}{2p-1}} - \left( \frac{\text{Vol}_{n-1} S(x, r)}{L_{1-\eta}(r)} \right)^{\frac{1}{2p-1}} &\leq C(p, n)\eta^2(R-r)^{\frac{2p-n}{2p-1}}, \\ \frac{\text{Vol } B(x, r)}{\text{Vol } B(x, R)} &\geq (1 - C(p, n)\eta) \frac{A_1(r)}{A_1(R)}, \\ \text{Vol}_{n-1} S(x, R) &\leq (1 + \eta^2)L_{1-\eta}(R), \\ \text{Vol } B(x, R) &\leq (1 + \eta)A_1(R) \end{aligned}$$

for all  $x \in M$  and all radii  $0 \leq r \leq R$ .

For any  $n \geq 2$  and  $p > n/2$  there exists a constant  $C(p, n)$  such that if  $(M^n, g)$  is a complete  $n$ -manifold with  $\bar{\rho}_p \leq \frac{1}{C(p, n)}$ , then  $\|u\|_{\frac{2n}{n-2}} \leq \text{Diam}(M)C(p, n)\|du\|_2 + \|u\|_2$ , for any  $u \in H^{1,2}(M)$ . In the case  $n = 2$ , we have  $\|u\|_4 \leq \text{Diam}(M)C\|du\|_2 + \|u\|_2$  if  $\bar{\rho}_1 \leq \frac{1}{C}$ .

Similar estimates are proved in [12] under the assumption that  $M$  is compact and  $\text{Diam}(M)^{2p} \frac{\rho_p}{\text{Vol } M} \leq \frac{1}{C(p, n)}$ .

### 3. Theorem 1.9 implies Theorem 1.8

**Proposition 3.1.** *Let  $n \geq 2$  and  $p > n/2$ . There exists  $C(p, n) > 0$  such that if  $(M^n, g)$  is a complete  $n$ -manifold with  $\eta^{10} = \bar{\rho}_p \leq \frac{1}{C(p, n)}$  and  $\text{Diam}(M) \geq \pi - \frac{1}{C(p, n)}$ , then we have*

$$\lambda_1(M) \leq n + C(p, n)[\eta + (\text{Diam}(M) - \pi)_-].$$

The main tool to prove this proposition is the following lemma:

**Lemma 3.2.** *Let  $n \geq 2$  and  $p > n/2$  ( $p \geq 1$  if  $n = 2$ ) and  $\bar{x}_0 \in \mathbb{S}^n$ . There exists a constant  $C(p, n)$  such that if  $(M^n, g)$  is a complete  $n$ -manifold with  $\eta^{10} = \bar{\rho}_p \leq \frac{1}{C(p, n)}$ , then there exists  $x_0 \in M$  such that for any  $C^1$ -function  $u: [0, 2\pi] \rightarrow \mathbb{R}$  we have*

$$\left| \frac{1}{\text{Vol } M} \int_M u \circ d_M(x_0, \cdot) dv_g - \frac{1}{\text{Vol } \mathbb{S}^n} \int_{\mathbb{S}^n} u \circ d_{\mathbb{S}^n}(\bar{x}_0, \cdot) dv_{\mathbb{S}^n} \right| \\ \leq \|u'\|_\infty C(p, n)[\eta + (\text{Diam}(M) - \pi)_-].$$

*Proof.* Let  $(x_0, y_0) \in M^2$  such that  $d = \text{Diam}(M) = d(x_0, y_0)$ . The functions  $A$ ,  $L$ ,  $A_1$  and  $L_1$  are defined in Proposition 2.1 and prolonged by 0 to  $\mathbb{R}$  (note that the diameter of  $M$  can be greater than  $\pi$ ). The function  $r \rightarrow u(r)A(r)$  is continuous and has right differential on  $\mathbb{R}$  equal to  $u'A + uL$ . We infer the equalities

$$u(d) \text{Vol } M = \int_0^d u(r)L(r) dr + \int_0^d u'(r)A(r) dr, \\ u(\pi) \text{Vol } \mathbb{S}^n = \int_0^\pi u(r)L_1(r) dr + \int_0^\pi u'(r)A_1(r) dr$$

which imply

$$\left| \frac{1}{\text{Vol } M} \int_M u \circ d_M(x_0, x) dv_g - \frac{1}{\text{Vol } \mathbb{S}^n} \int_{\mathbb{S}^n} u \circ d_{\mathbb{S}^n}(\bar{x}_0, x) dv_{\mathbb{S}^n} \right| \\ = \left| \int_0^d \frac{u(r)L(r)}{\text{Vol } M} dr - \int_0^\pi \frac{u(r)L_1(r)}{\text{Vol } \mathbb{S}^n} dr \right| \\ = \left| u(d) - u(\pi) + \int_0^\pi \frac{u' A_1}{\text{Vol } \mathbb{S}^n} - \int_0^d \frac{u' A}{\text{Vol } M} \right| \\ = \left| \int_0^d u' \left( \frac{A_1}{\text{Vol } \mathbb{S}^n} - \frac{A}{\text{Vol } M} \right) + \int_d^\pi u' \left( \frac{A_1}{\text{Vol } \mathbb{S}^n} - 1 \right) \right| \\ \leq \|u'\|_\infty \left( \int_0^d \left| \frac{A_1}{\text{Vol } \mathbb{S}^n} - \frac{A}{\text{Vol } M} \right| dr + |\pi - d| \right).$$

By Proposition 2.1 we have, for all  $r \leq d$ :

$$\begin{aligned} (1 - C(p, n)\eta) \frac{A_1(r)}{\text{Vol } \mathbb{S}^n} &\leq \frac{A(r)}{\text{Vol } M} \leq 1 - \frac{\text{Vol } B(y_0, d - r)}{\text{Vol } M} \\ &\leq 1 - (1 - C(p, n)\eta) \frac{A_1(d - r)}{\text{Vol } \mathbb{S}^n} \\ &\leq \frac{A_1(r + \pi - d)}{\text{Vol } \mathbb{S}^n} + C(p, n)\eta. \end{aligned}$$

Hence  $\left| \frac{A(r)}{\text{Vol } M} - \frac{A_1(r)}{\text{Vol } \mathbb{S}^n} \right| \leq C(p, n)\eta + \frac{(A_1(r) - A_1(r + \pi - d))_-}{\text{Vol } \mathbb{S}^n}$ . An easy computation gives  $\left\| \frac{(A_1(\cdot) - A_1(\cdot + h))_-}{\text{Vol } \mathbb{S}^n} \right\|_\infty \leq C(n)(-h)_-$ , and by Proposition 2.1 we get:

$$\begin{aligned} &\left| \frac{1}{\text{Vol } M} \int_M u \circ d_M(x_0, x) dv_g - \frac{1}{\text{Vol } \mathbb{S}^n} \int_{\mathbb{S}^n} u \circ d_{\mathbb{S}^n}(\bar{x}_0, x) dv_{\mathbb{S}^n} \right| \\ &\leq \|u'\|_\infty C(p, n)[\eta + (d - \pi)_-]. \end{aligned} \quad \square$$

We now finish the proof of Proposition 3.1.

*Proof.* Lemma 3.2 applied to  $u = \sin^2$ ,  $u = \cos^2$  and  $u = \cos$  gives

$$\begin{aligned} \left| \int_M \frac{\sin^2 d_M(x_0, \cdot)}{\text{Vol } M} - \int_{\mathbb{S}^n} \frac{\sin^2 d_{\mathbb{S}^n}(\bar{x}_0, \cdot)}{\text{Vol } \mathbb{S}^n} \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1, \\ \left| \int_M \frac{\cos^2 d_M(x_0, \cdot)}{\text{Vol } M} - \int_{\mathbb{S}^n} \frac{\cos^2 d_{\mathbb{S}^n}(\bar{x}_0, \cdot)}{\text{Vol } \mathbb{S}^n} \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1, \\ \left| \int_M \frac{\cos d_M(x_0, \cdot)}{\text{Vol } M} - \int_{\mathbb{S}^n} \frac{\cos d_{\mathbb{S}^n}(\bar{x}_0, \cdot)}{\text{Vol } \mathbb{S}^n} \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1. \end{aligned}$$

Hence, if we set  $f = \cos d_M(x_0, \cdot)$ , we get

$$\begin{aligned} \left| \|\nabla f\|_2^2 - \frac{n}{n+1} \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1, \\ \left| \|f\|_2^2 - \frac{1}{n+1} \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1, \\ \left| \frac{1}{\text{Vol } M} \int_M f \right| &\leq C(p, n)(\eta + (d - \pi)_-) \leq 1, \end{aligned}$$

which readily implies that

$$\lambda_1(M) \leq \frac{\|\nabla(f - \bar{f})\|_2^2}{\|f - \bar{f}\|_2} \leq n(1 + C(p, n)(\eta + (d - \pi)_-)),$$

where we have set  $\bar{f} = \frac{1}{\text{Vol } M} \int_M f$ .

$\square$

**Remark 3.3.** The same technique as in [5] can be used to prove that manifolds with almost positive Ricci curvature and  $\lambda_1$  is close to  $n$  have a diameter close to  $\pi$  (see [12]).

#### 4. Proof of Theorem 1.9

**4.1. Fiber bundle  $E$ .** Let  $E$  be the fiber bundle  $TM \oplus \mathbb{R} e \rightarrow M$  endowed with the following scalar product and linear connection:

$$\begin{aligned}\langle X + fe, Y + he \rangle_E &= g(X, Y) + fh, \\ D_Z^E(X + fe) &= D_Z^M X + fZ + (df(Z) - g(Z, X)) \cdot e,\end{aligned}$$

where  $D^M$  is the Levi-Civita connection of the metric  $g$  on  $M$ . We denote by  $p$  the orthogonal projection of  $E$  on  $TM$ ,  $\text{Ric}'(S) = \text{Ric}_M(p(S)) - (n-1)p(S)$  and  $\Delta_{\text{sph}} = \bar{\Delta}^E + \text{Ric}'$ .

The following lemma is proved in [3]:

**Lemma 4.1.** If  $f: M \rightarrow \mathbb{R}$  satisfies  $\Delta f = \lambda f$ , then  $S_f = \nabla f + fe$  satisfies  $\Delta_{\text{sph}}(S_f) = (\lambda - n)(\nabla f - fe)$  and  $\langle D_X^E S_f, X \rangle = Ddf(X, X) + fg(X, X)$ .

Note also that we have

$$R_{(Z,Y)}^E(X + fe) = R^M(Z, Y)X - (g(Y, X)Z - g(Z, X)Y).$$

**4.2. Bound on the Hessian of the first eigenfunction.** To prove Theorem 1.9 we need an  $L^\infty$  bound on the Hessian of the first eigenfunction. For that purpose, we will modify the proof of Theorem 2.4 in [2] (whose proof would give us only a bound on  $\|DS_f\|_{n+\epsilon}/\|S_f\|_\infty$  for a given  $\epsilon = \epsilon(p, n)$ ). In our case we really need to perform a Moser iteration.

**Proposition 4.2.** Let  $n \geq 2$  and  $\infty \geq p > n/2$ . There exists a constant  $C(p, n)$  such that if  $(M^n, g)$  is any manifold with  $\bar{\rho}_p \leq \frac{1}{C(p,n)}$  and  $\lambda_1 \leq n + \frac{1}{C(p,n)}$ , then for  $f: M \rightarrow \mathbb{R}$  such that  $\Delta f = \lambda_1 f$  we have

$$\frac{\|D^E S_f\|_\infty}{\|S_f\|_\infty} \leq C(p, n)(\lambda_1 + \|R\|_{2p})^\gamma(|\lambda_1 - n| + \bar{\rho}_p)^{\frac{1}{2(1+\gamma)}},$$

where  $S_f = \nabla f + f \cdot e$  and  $\gamma = \frac{pn}{2p-n}$ .

To prove Proposition 4.2 we need a commutation lemma (see [2]):

**Lemma 4.3.** *For any section  $S \in \Gamma(E)$  we have*

$$\begin{aligned} & \frac{1}{2}\Delta(|DS|^2) + |D^2S|^2 \\ & \leq \langle D^*R^E S, DS \rangle + \underline{\text{Ric}}^-|DS|^2 + \langle D\bar{\Delta}S, DS \rangle + \|R^E\| \cdot |DS|^2, \end{aligned}$$

where  $\|R^E\|$  is the norm of the linear map  $R^E: \bigwedge^2 T_m M \rightarrow \bigwedge^2 E_m^*$  defined by  $R^E(u \wedge v)(T, S) = \langle R^E(u, v)T, S \rangle$ .

**Remark 4.4.** This lemma is valid for any Riemannian fiber bundle  $(E, D, \langle \cdot, \cdot \rangle)$ .

We now give the proof of Proposition 4.2.

*Proof of Proposition 4.2.* We set  $u = \sqrt{|DS|^2 + \epsilon^2}$ . We have

$$\begin{aligned} u\Delta u &= \frac{1}{2}\Delta(u^2) + |du|^2 = \frac{1}{2}\Delta(u^2) + \frac{|\langle D^2S, DS \rangle|^2}{|DS|^2 + \epsilon^2} \\ &\leq \frac{1}{2}\Delta(|DS|^2) + |D^2S|^2. \end{aligned}$$

Hence, by Lemma 4.3

$$\begin{aligned} \int_M |d(u^k)|^2 &\leq \frac{k^2}{2k-1} \int_M \left( \frac{1}{2}\Delta|DS|^2 + |D^2S|^2 \right) u^{2(k-1)} \\ &\leq \frac{k^2}{2k-1} \left( \int_M \underline{\text{Ric}}^- u^{2k} + \int_M \langle D\bar{\Delta}S, DS \rangle u^{2(k-1)} \right. \\ &\quad \left. + \int_M \langle D^*R^E S, DS \rangle u^{2(k-1)} + \int_M \|R^E\| u^{2k} \right). \end{aligned}$$

We now apply the divergence theorem to the form  $u^{2(k-1)} \langle \bar{\Delta}S, D_{\bullet}S \rangle$ , and get for any  $k \geq 1$ :

$$\begin{aligned} & \int_M \langle D\bar{\Delta}S, DS \rangle u^{2(k-1)} \\ &= \int_M |\bar{\Delta}S|^2 u^{2(k-1)} - 2(k-1) \sum_i \int_M \langle \bar{\Delta}S, DS(i) \rangle du(i) \cdot u^{2k-3} \\ &\leq \int_M |\bar{\Delta}S|^2 u^{2(k-1)} + 2(k-1) \int_M |\bar{\Delta}S| |du| u^{2(k-1)} \\ &\leq \frac{k-1}{2} \int_M |du|^2 u^{2(k-1)} + (2k-1) \int_M |\bar{\Delta}S|^2 u^{2(k-1)}. \end{aligned}$$

We do the same with the form  $u^{2(k-1)}(tr_{1,3}(\langle R_{(\bullet,\bullet)}^E S, D_\bullet S \rangle))$  and get

$$\begin{aligned} & \int_M \langle D^* R^E S, D S \rangle u^{2(k-1)} \\ &= \int_M \frac{1}{2} |R^E S|^2 u^{2(k-1)} + 2(k-1) \sum_{i,j} \int_M \langle R^E(i, j) S, D_j S \rangle du(i) u^{2k-3} \\ &\leq \frac{k-1}{2} \int_M |du|^2 u^{2(k-1)} + (2k-1) \int_M |R^E S|^2 u^{2(k-1)}, \end{aligned}$$

where we have used  $\sum_{i,j} \langle R^E S(i, j), D^2 S(i, j) \rangle = \frac{1}{2} |R^E S|^2$ .

Since  $\int_M |du|^2 u^{2(k-1)} = \frac{1}{k^2} \int_M |d(u^k)|^2$ , the three last inequalities give, for any  $k \geq 1$ ,

$$\begin{aligned} \|d(u^k)\|_2^2 &\leq k \left( \int_M \underline{\text{Ric}}^- u^{2k} + \int_M \|R^E\| u^{2k} \right) \\ &\quad + k(2k-1) \left( \int_M \|R^E S\|^2 u^{2k-2} + \int_M \|\bar{\Delta} S\|^2 u^{2k-2} \right) \\ &\leq 4k^2 \left( B_1 \|u\|_{\frac{2kp}{p-1}}^{2k} + B_2 \|S\|_\infty^2 \|u\|_{\frac{2(k-1)p}{p-1}}^{2(k-1)} \right), \end{aligned}$$

where we have set

$$\begin{aligned} B_1 &= \|\underline{\text{Ric}}^-\|_p + \|R^E\|_p \leq C(n) (\|R^M\|_{2p}^2 + \lambda_1^2) = B^2, \\ B_2 &= \frac{\|\bar{\Delta} S\|_{2p}^2}{\|S\|_\infty^2} + \frac{\|R^E S\|_{2p}^2}{\|S\|_\infty^2} \leq \frac{\|\Delta_{\text{sph}} S\|_{2p}^2}{\|S\|_\infty^2} + \|\text{Ric}'\|_{2p}^2 + \|R^E\|_{2p}^2 \\ &\leq C(n) (\lambda_1^2 + \|R^M\|_{2p}^2) = B^2. \end{aligned}$$

By the Sobolev inequality given by Proposition 2.1 we get

$$\|DS\|_{\frac{2kn}{n-2}}^k \leq \|DS\|_{2k}^k + C(p, n) B k \sqrt{\|DS\|_{\frac{2kp}{p-1}}^{2k} + \|S\|_\infty^2 \|DS\|_{\frac{2(k-1)p}{p-1}}^{2(k-1)}},$$

and by  $\|DS\|_{2k} \leq \|DS\|_{\frac{2kp}{p-1}} \leq \|DS\|_\infty^{1/k} \|DS\|_{\frac{2(k-1)p}{p-1}}^{(1-1/k)}$  we have

$$\begin{aligned} & \left( \frac{\|DS\|_{\frac{2kn}{n-2}}}{\|DS\|_\infty} \right)^{\frac{2kn}{n-2}} \\ &\leq \left[ 1 + B k C(p, n) \left( 1 + \frac{\|S\|_\infty^2}{\|DS\|_\infty^2} \right) \right]^{\frac{2n}{n-2}} \left( \frac{\|DS\|_{\frac{2(k-1)p}{p-1}}}{\|DS\|_\infty} \right)^{v \frac{2(k-1)p}{p-1}}, \end{aligned}$$

where  $\nu = \frac{n(p-1)}{2p(n-2)} > 1$ . We set  $k = \frac{a_n(p-1)}{2p} + 1$ , where  $(a_n)_n$  is the sequence defined by  $a_0 = \frac{2p}{p-1}$  and  $a_{n+1} = \nu a_n + \frac{2n}{n-2}$ . Then we get

$$\begin{aligned} & \left( \frac{\|DS\|_{a_{n+1}}}{\|DS\|_\infty} \right)^{\frac{a_{n+1}}{\nu^{n+1}}} \\ & \leq \left[ 1 + a_n C(p, n) B \left( 1 + \frac{\|S\|_\infty^2}{\|DS\|_\infty^2} \right) \right]^{\frac{2n}{(n-2)\nu^{n+1}}} \left( \frac{\|DS\|_{a_n}}{\|DS\|_\infty} \right)^{\frac{a_n}{\nu^n}}. \end{aligned}$$

Hence

$$\begin{aligned} 1 &= \lim_{n \rightarrow +\infty} \left( \frac{\|DS\|_{a_n}}{\|DS\|_\infty} \right)^{\frac{a_n}{\nu^n}} \\ &\leq \prod_{i=1}^{\infty} \left( 1 + C(p, n) a_i B \left( 1 + \frac{\|S\|_\infty^2}{\|DS\|_\infty^2} \right) \right)^{\frac{2n}{(n-2)\nu^i}} \left( \frac{\|DS\|_{a_0}}{\|DS\|_\infty} \right)^{a_0}. \end{aligned}$$

The Hölder inequality  $\|DS\|_{a_0} \leq \|DS\|_2^{1-\frac{1}{p}} \|DS\|_\infty^{\frac{1}{p}}$ , gives

$$\|DS\|_\infty \leq \prod_{i=1}^{\infty} \left( 1 + C(p, n) a_i B \left( 1 + \frac{\|S\|_\infty^2}{\|DS\|_\infty^2} \right) \right)^{\frac{n}{(n-2)\nu^i}} \|DS\|_2. \quad (*)$$

If  $\|DS\|_\infty \geq \|S\|_\infty$ , then inequality  $(*)$  gives

$$\begin{aligned} \|DS\|_\infty &\leq \prod_{i=1}^{\infty} \left( 1 + C(p, n) a_i B \right)^{\frac{n}{(n-2)\nu^i}} \|DS\|_2 \\ &\leq C(p, n) (\lambda_1 + \|R\|_{2p})^{\frac{pn}{2p-n}} \|DS\|_2. \end{aligned}$$

If  $\|DS\|_\infty \leq \|S\|_\infty$ , then inequality  $(*)$  gives

$$\frac{\|DS\|_\infty}{\|DS\|_2} \leq \left( \frac{\|S\|_\infty}{\|DS\|_\infty} \right)^{\frac{2pn}{2p-n}} \prod_{i=1}^{\infty} \left( 1 + C(p, n) a_i B \right)^{\frac{n}{(n-2)\nu^i}},$$

hence

$$\frac{\|DS\|_\infty}{\|S\|_\infty} \leq C(p, n) (\lambda_1 + \|R\|_{2p})^{\frac{pn}{2p-n}} \left( \frac{\|DS\|_2}{\|S\|_\infty} \right)^{\frac{2p-n}{2p-n+2pn}}.$$

At this stage note that, by Lemma 4.1 we have

$$\begin{aligned} \|DS\|_2^2 &= \langle \bar{\Delta}_{\text{sph}}(S), S \rangle_{L^2} - \langle \text{Ric}'(S), S \rangle_{L^2} \\ &\leq |\lambda_1 - n| \|S\|_2^2 + \int_M \frac{(\underline{\text{Ric}} - (n-1))^+}{\text{Vol } M} |S|^2 \leq (|\lambda_1 - n| + \bar{\rho}_p) \|S\|_\infty^2. \end{aligned}$$

Since we have  $\frac{2p-n}{2p-n+2pn} \leq 1$ , we get the result.  $\square$

**4.3. Critical points of the first eigenfunction.** By Proposition 4.2, the section  $S_f = \nabla f + fe$  of  $E$  satisfies  $\|D^E S_f\|_\infty \leq C(p, n, A)(|\lambda_1 - n| + \bar{\rho}_p)^{\frac{1}{1+\gamma}} \|S_f\|_\infty$ . Since we can suppose the pinching on  $|\lambda_1 - n|$  and  $\bar{\rho}_p$  small enough to have

$$C(p, n, A)(|\lambda_1 - n| + \bar{\rho}_p)^{\frac{1}{1+\gamma}} \leq 1/4,$$

the previous inequality and Theorem 1.6 give

$$\begin{aligned} \inf |S_f| &\geq [1 - C(p, n, A)(|\lambda_1 - n| + \bar{\rho}_p)^{\frac{1}{1+\gamma}}] \|S_f\|_\infty \\ &> C(p, n, A)(|\lambda_1 - n| + \bar{\rho}_p)^{\frac{1}{1+\gamma}} \|S_f\|_\infty \geq \|D^E S_f\|_\infty. \end{aligned}$$

We infer that if  $x_0$  is a critical point of  $f$ , then by Lemma 4.1 we have

$$|Ddf_{x_0}(X, X) + f(x_0)| = |\langle D_X^E S_f, X \rangle_E| \leq \|D^E S_f\|_\infty < |S_f(x_0)| = |f(x_0)|$$

for any unit vector  $X$  of  $T_{x_0} M$ . Hence we have  $-|f(x_0)| - f(x_0) < Ddf_{x_0}(X, X) < |f(x_0)| - f(x_0)$  for any critical point  $x_0$  of  $f$ . So the only critical points of  $f$  are non degenerate global extrema, which implies that  $M$  is homeomorphic to  $\mathbb{S}^n$  by Reeb's theorem.

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