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PROBLEMS

WE ALL have problems. Some are created for us, but mostly we create them for ourselves. We can look objectively at other people's problems and recognize how much of it is in their own thinking. When it comes to our personal problems we can't manage to be quite as detached.

We dream of how lovely it would be not to have any problems at all. This is the greatest delusion of the many under which we labour. Life without problems would be like bread without butter—dry and uninteresting.

Problems are inevitable. It is our attitude to them that is the important thing.

If we accept them as a challenge and a proving ground for our inward maturity they will become stepping stones to success. If we weep tears of self-pity over them they can become millstones around our necks.

—Progress