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elderberries and cook the whole for $\frac{1}{4}$ -hour over a gentle flame. Another method is to keep the butter until the mush is ready, then pour it over while very hot. It is usually served with coffee.

—R.B.K.

★ HEDY'S CORNER

HOME REMEDIES FOR YOUR BABY

Many safe and easy-to-apply remedies are used in Swiss infant hospitals.—

As a change of diet (from 4 months on): 3 teaspoonfuls yoghurt (room temperature) mixed with mashed banana and sugar. Increase with age.

If baby does not digest bottle formula too well: After boiling and cooling daily ration, add 2 drops lemon juice per oz. of milk mixture.

For constipation: Instead of water quantity in milk add same amount of thin rolled oats gruel (Haferschleim); take care no residue is left in gruel.

For diarrhoea: Use rice gruel (Reisschleim), proceed as above. If no quick improvement, see doctor.

Nappy rash: Ungvita (Vit. A ointment), or if bad, mercurochrome. Apply after washing bottom, dry application well before putting on nappies again. Repeat at each change.

For feverishness: 1 part acetic acid (essigsäure Tonerde) to 7 parts water; make compresses around lower legs. Change 2-3 times, then leave off for some hours. Watch skin does not get affected (red or itchy).

For insect bites: Same proportion as above. Soak bandage in solution and let dry on affected part.

“QUALIFIED”

Regarding our last issue in this column we have been reminded by our Embassy (P.O. Box 386, Wellington) that employment of **aliens** in Switzerland is most difficult. These people going as visitors or tourists would have to be in possession of a “guarantee of residence permit” prior to entering Switzerland and such a permit would have to be presented in advance and include the name of the prospective employer. Of course, these regulations do not apply to Swiss Nationals or Dual-Nationals.