

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 37 (1973)
Heft: [1]

Vorwort: New Year resolutions
Autor: W.R.

Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. [Siehe Rechtliche Hinweise.](#)

Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. [Voir Informations légales.](#)

Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. [See Legal notice.](#)

Download PDF: 18.05.2025

ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>



NEW YEAR RESOLUTIONS

Statistics indicate that almost every one of us makes some New Year resolution of a kind. However, most of us will forget about it as the year drifts on and by the time the next one comes along we will make another spurt . . . and so it goes on without much improvement of our ways.

However, if we have the genuine desire to improve ourselves we must continuously think of the problem we want to mend; we must keep it on our minds and not forget about it for any length of time. It is of the utmost importance too that we are not too greedy and bite too much of the apple at one time — just plug along little by little. It is much better to get some improvement in a little way than nothing at all. I think this “too big a bite at a time” is the main reason for most of our downfalls.

Elbert Green Hubbard said: “There is no failure except in no longer trying. There is no defeat except from within, no really insurmountable barrier save our own inherent weakness of purpose”.

“Resolution is omnipotent”. — He that resolves upon any great and good end, has, by that very resolution, scaled the chief barrier to it. — He will find such resolution removing difficulties, searching out or making means, giving courage for despondency, and strength for weakness, and like the star to the wise men of old, ever guiding him nearer and nearer to perfection. — Tryon Edwards.

— W.R.
