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Fun Tips Lago di Vogorno/Verzasca Valley



"Goldeneye" Bungee Jumping Pure adrenaline!

The 220m high dam of the Verzasca Valley is famous for many reasons. First because it is the highest dam in Europe and second because it was the setting for some scenes in the James Bond film "Goldeneye" starring Pierce Brosnan.

Although admittedly debatable, according to some global surveys "Goldeneye" is the best stunt in film history. In the film, James Bond jumped from the 220m high Verzasca dam and visitors to the Verzasca valley can do the same. The ultimate adrenaline rush is at Lago di Vogorno and is also called the 007 Jump or GoldenEye Bungee Jump.

The 007 programme starts with the pleasant journey up to the dam amidst beautiful green countryside. Finally you arrive at the bungee jumping platform on the dam and the guests are welcomed with an aperitif. The organisation's stunt team gives a demonstration of spectacular bungee jumps. Now it's time for the bravest in the group to experience the thrill of the free fall! And you can be sure, that it is an unforgettable experience for everyone!

The programme can be extended to include a visit to a historic stone village and of the Romanesque bridge at Lavertezzo, where a cocktail will be served and where you can see the amazing huge stones and the clean water of the river Verzasca. Of course, it is also possible to do a walk with stops

along the way to join in some team games: "bowls" or mini Olympics.

The prize giving can then be organised at a typical "grotto", where you can enjoy local, Italian cuisine and the genuine atmosphere of Ticino.

For more information visit:
<http://www.ticino.ch/en/commons/details/-Goldeneye-Bungee-Jumping/77102.html>

And be sure to check out this video on YouTube http://youtu.be/k9l_oOP0vUs or search for Valle Verzasca Bungee Jumping+ Cliff diving if you're in search of action and excitement!

Bathing in the Verzasca River

The most famous swimming spot in Verzasca is next to the famous bridge Ponte dei Salti. The bridge "ponte romano" also called "dei salti" (jump bridge) crosses the Verzasca and Lavertezzo river and is a typical medieval



construction made of stone. The current is very slow here (the underwater cave has a depth of 10m) and perfect for swimming, although you should always be very careful when entering the river. The turquoise water is always cold and refreshing.

Scuba Diving Verzasca Valley

The Verzasca Valley is one of the most beautiful diving spots in Switzerland, some even say in the whole of Europe. The water is crystal-clear and visibility can be over 30m. Aside from the thickness of your wetsuit diving here can almost feel like you are diving in the tropics. There are a few dive shops around The Verzasca Valley that offer guided tours. It is best to dive with an expert, as diving in the Verzasca can be very dangerous.

Adrenalin Pure Outdoor Adventure

Still looking for more action? Then check out INDEPTH Outthere Adventures. They offer almost all outdoor adrenalin-pumping activities such as canyoning, rafting, kayaking, rock climbing and downhill mountain biking.... something for the adrenalin junkie in every family! Book your adventure online on www.indepthoutthere.com

By Alexandra Beskid

